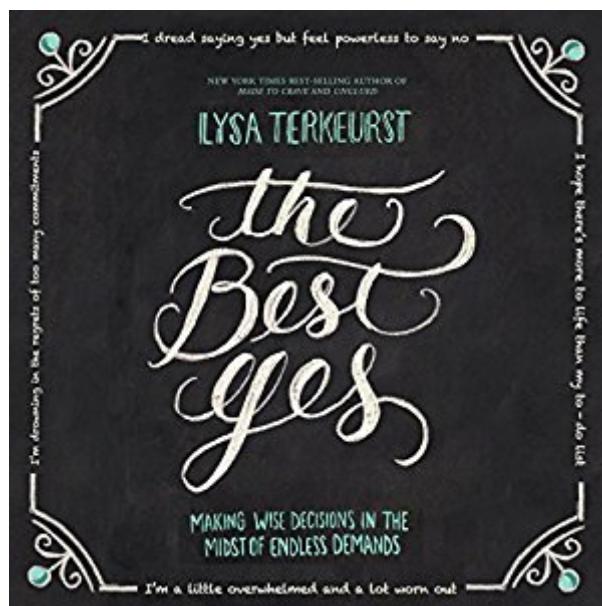


The book was found

# The Best Yes: Making Wise Decisions In The Midst Of Endless Demands



## **Synopsis**

Learn to find and play the role God wants most for you to play, not the ones you feel pressured into playing for the sake of others or even our sense of accomplishment and worth. Most of us spend a lot of our lives figuring out when to say yes and when to say no. How to manage our time, reduce stress, do our best for our families, find a little space for "me". But we don't find space for our souls until we learn to step past the yes and no of daily decisions and seek a third option: the best yes. The best yes is the choice that shapes all our other choices. It's what allows us to play our necessary parts in God's plan, to spend our energy and focus our passion on the assignments that really are ours. How do we learn to say that best yes? It requires honesty. Imagination. Attention. Trust. Humility. Practice - lots of practice. And wisdom. The best yes is really all about wisdom - learning to make truly wise decisions. And that's the heart of this book. "I want us to become powerfully effective decision makers," writes Lysa Terkeurst. "Because then we will live powerfully effective lives. And spend our souls doing powerfully effective work to the glory of God." With her signature mix of transparency, Scripture-laced insight, and "been there" humor, she suggests usable strategies for choosing wisely and encourages us all to shout and whisper our own best yes to life, day by decision-making day.

## **Book Information**

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## **Customer Reviews**

I ordered the book, study guide, and DVD. I looked everywhere to try to figure out if a study guide came with the DVD and couldn't find it in the description so I ordered the study guide extra. When I

opened the package everything I ordered was in perfect condition, etc. The only complaint I have, if you can even call it a complaint, is that I didnt have to order a seperate study guide because it turns out one DOES come with the DVD. I havent started the study yet but am looking forward to beginning this week with friends....maybe we will end up needing the extra study guide! Either way, I thought I would save someone else the extra expense.

Lisa shares her heart with humor and insight on what it means to make wise decisions, the best decisions in the midst of indecision and plots a Biblical path to our best "yeses". I SO (as I'm sure most women will) relate to the constant "indecisijig" of choosing between a good yes and a good yes. Thanks, Lisa, for gentle reminders of what our best yeses truly are! This book opened my awareness and inspired me to stay close to the One whose yes will always bring peace and greater faith!

While reading this I felt like Lisa knew me and was talking directly to me. I also had so many parts of the book that were words that fit friends and family who have told me about there struggles and challenges. She tried words from scripture into everyday struggles in such a way it made me hear the words of scripture differently. I truly related. Beautifully written!

One of the best books I have ever read! We are having Bible Study now and we are loving the humor of the book and how it applies to real life situations. Very uplifting and positive study!

Lysa TerKeurst is a talented, relatable, godly writer. I've enjoyed several of her studies and books in the past. I have to admit, I wasn't thrilled when my small group voted to read this one. I felt I had a handle on saying "yes" or "no" to opportunities in my life and ministries. However, this book opened my eyes to ways I could improve, and it discusses topics about saying "yes" or "no" that I hadn't even considered. God knows what He's doing ÅfÂ Å Å, Å ÆœÅ Å

We did the video and workbook that accommodated this book. The book was the best part and could easily stand alone for a group discussion. The book has lots of insight in making decisions whether they are small day to day decisions or large life altering decisions. Lysa uses examples from her own life that make you laugh, make you sad and some times just frustrate you but all will make you think about how you view your current situation. The chapters are easy to read and I would recommend it to all women regardless of age or where you are in your walk with life.

Such an amazing and eye opening book. I really enjoyed how the book was written, Chapter 5 to this day has helped me with being able to recognize its okay to say no you aren't able to. The way Lysa writes her book keeps you pulled in and focused the whole time, I say this as someone who does not like to read but I love her books. I would highly recommend this book to any woman looking for the uplifting book that helps brighten your day

I loved the fact that scripture was woven throughout! I love the thought of the best "no" ..it's contrary to what we think is true..we need to work it out...I like how the book talks about the consequence of working it out. I loved the steps one should take before making a decision. Simple..but powerful. Thanks for sharing your wisdom Lysa..time to mix another round of ingredients and let God do what he does best..take care of us.

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